

Year Group

Subject

Theme

Year 5/6

PSHE

Relationships



Hurst Hill Primary School
Learning Together

**During Spring Term,
we will be focusing
on:**

**Families and people
who care for me**

Caring friendships

**Respectful relation-
ships**

Online relationships

Being safe

Key vocabulary:

Stereotypes— A fixed opinion of a person or group.

Relationships- the way in which two or more people or things are connected,

Respect- due regard for the feelings, wishes, or rights of others

Discrimination - the unjust or prejudicial treatment of different categories of people, especially on the grounds of race, age, or sex.

Boundaries- guidelines, rules or limits that a person creates to identify reasonable, safe and permissible ways for other people to behave towards them

Conflict- a serious disagreement or argument.

What I should already know:

Families and people who care for me: that others' families, either in school or in the wider world, sometimes look different from their family. That stable, caring relationships, which may be of different types, are at the heart of happy families, and are important for children's security as they grow up.

Caring friendships: that most friendships have ups and downs, and that these can often be worked through so that the friendship is repaired or even strengthened, and that resorting to violence is never right.

Respectful relationships: the conventions of courtesy and manners. About different types of bullying (including cyberbullying), the impact of bullying, responsibilities of bystanders (primarily reporting bullying to an adult) and how to get help.

Online relationships: that people sometimes behave differently online, including by pretending to be someone they are not. The rules and principles for keeping safe online, how to recognise risks, harmful content and contact, and how to report them.

Being safe: how to respond safely and appropriately to adults they may encounter. How to recognise and report feelings of being unsafe or feeling bad about any adult.

By the End Of The Unit Children will know:

Families and people who care for me: That marriage represents a formal and legally recognised commitment of two people to each other which is intended to be lifelong. How to recognise if family relationships are making them feel

unhappy or unsafe, and how to seek help or advice from others if needed.

Caring friendships: how to recognise who to trust and who not to trust, how to judge when a friendship is making them feel unhappy or uncomfortable, managing conflict, how to manage these situations and how to seek help or advice from others, if needed.

Respectful relationships: practical steps they can take in a range of different contexts to improve or support respectful relationships. The importance of self-respect and how this links to their own happiness. What a stereotype is, and how stereotypes can be unfair, negative or destructive.

Online relationships: how to critically consider their online friendships and sources of information including awareness of the risks associated with people they have never met. How information and data is shared and used online.

Being safe: how to recognise and report feelings of being unsafe or feeling bad about any adult. How to ask for advice or help for themselves or others, and to keep trying until they are heard.

Key skills

Listen carefully to a range of ideas and suggestions

Contribute to class discussions

Participate in small group activities

Uphold our school values during PSHE lessons



Our assemblies:

Monday— Whole school assembly to launch our weekly theme.

Tuesday— Visitor assembly linked to one of our school values.

Wednesday— Class assembly

Thursday— Singing assembly

Friday— Celebration assembly