

Year Group

Year 3/4

Subject

PSHE

Theme

Relationships



Hurst Hill Primary School
Learning Together

During Spring Term,
we will be focusing on:

Families and people
who care for me

Caring friendships

Respectful relation-
ships

Online relationships

Being safe

Key vocabulary:

Stereotypes- a widely held but fixed and oversimplified image or idea of a particular type of person or thing.

Discrimination- the unjust or prejudicial treatment of different categories of people, Rights- legal, social, or ethical principles of freedom or entitlement.

Confidential- being kept secret or private.

Relationship- the way in which two or more people or things are connected.

What I should already know:

Families and people who care for me: that families are important for children growing up because they can give love, security and stability. The characteristics of healthy family life.

Caring friendships: how important friendships are in making us feel happy and secure, and how people choose and make friends. The characteristics of friendships. That healthy friendships are positive and welcoming towards others, and do not make others feel lonely or excluded.

Respectful relationships: the importance of respecting others, even when they are very different from them. That in school and in wider society they can expect to be treated with respect by others, and that in turn they should show due respect to others, including those in positions of authority.

Online relationships: that the same principles apply to online relationships as to face-to-face relationships, including the importance of respect for others online including when we are anonymous.

Being safe: what sorts of boundaries are appropriate in friendships with peers and others (including in a digital context). About the concept of privacy and the implications of it for both children and adults; including that it is not always right to keep secrets if they relate to being safe. That each person's body belongs to them, and the differences between appropriate and inappropriate or unsafe physical, and other, contact.

By the End Of The Unit Children will

Families and people who care for me: that others' families, either in school or in the wider world, sometimes look different from their family. That stable, caring relationships, which may be of different types, are at the heart of happy families, and are important for children's security as they grow up.

Caring friendships: that most friendships have ups and downs, and that these can often be worked through so that the friendship is repaired or even strengthened, and that resorting to violence is never right.

Respectful relationships: the conventions of courtesy and manners.

About different types of bullying (including cyberbullying), the impact of bullying, responsibilities of bystanders (primarily reporting bullying to an adult) and how to get help.

Online relationships: that people sometimes behave differently online, including by pretending to be someone they are not. The rules and principles for keeping safe online, how to recognise risks, harmful content and contact, and how to report them.

Being safe: how to respond safely and appropriately to adults they may encounter. How to recognise and report feelings of being unsafe or feeling bad about any adult.

Key skills

Listen carefully to a range of ideas and suggestions

Contribute to class discussions

Participate in small group activities

Uphold our school values during PSHE lessons



Our assemblies:

Monday- Whole school assembly to launch our weekly theme.

Tuesday- Visitor assembly linked to one of our school values.

Wednesday- Class assembly

Thursday- Singing assembly

Friday- Celebration assembly