

Year Group

Subject

Theme

Year 1/2

PSHE

Relationships



**Hurst Hill Primary School**  
**Learning Together**

During Spring Term, we  
will be focusing on:

**Families and people who  
care for me**

**Caring friendships**

**Respectful relationships**

**Online relationships**

**Being safe**

Key vocabulary:

Similarities- a similar  
feature or aspect.

Differences- a point or  
way in which people or  
things are dissimilar.

Relationships- the way in  
which two or more people  
or things are connected

Conflict- a serious disa-  
greement or argument.

Secrets- something that is  
kept or meant to be kept  
unknown or unseen by  
others.

What should I already know?

Be confident to speak to others about own  
needs, wants, interests and opinions.

Can describe self in positive terms and talk  
about abilities.

Aware of own feelings, and knows that some  
actions and words can hurt others' feelings.

Begins to accept the needs of others and can  
take turns and share resources, sometimes with  
support from others.

Takes steps to resolve conflicts with other  
children

Shows interest in the lives of people who are  
familiar to them.

Recognises and describes special times or  
events for family or friends.

By the End Of The Unit Children will know:

**Families and people who care for me:** that families are important for children growing up  
because they can give love, security and stability. The characteristics of healthy family life.

**Caring friendships:** how important friendships are in making us feel happy and secure, and  
how people choose and make friends. The characteristics of friendships. That healthy friendships  
are positive and welcoming towards others, and do not make others feel lonely or excluded.

**Respectful relationships:** the importance of respecting others, even when they are very dif-  
ferent from them. That in school and in wider society they can expect to be treated with respect by  
others, and that in turn they should show due respect to others, including those in positions of au-  
thority.

**Online relationships:** that the same principles apply to online relationships as to face-to-face  
relationships, including the importance of respect for others online including when we are anonymous.

**Being safe:** what sorts of boundaries are appropriate in friendships with peers and others  
(including in a digital context). About the concept of privacy and the implications of it for both chil-  
dren and adults; including that it is not always right to keep secrets if they relate to being safe. That  
each person's body belongs to them, and the differences between appropriate and inappropriate or  
unsafe physical, and other, contact..

Key skills

Listen carefully to a range of ideas and suggestions

Contribute to class discussions

Participate in small group activities

Uphold our school values during PSHE lessons



Our assemblies:

Monday- Whole school assembly to launch our weekly theme.

Tuesday- Visitor assembly linked to one of our school values.

Wednesday- Class assembly

Thursday- Singing assembly

Friday- Celebration assembly