

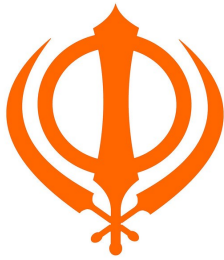


Religious Focus:

Sikhism: Commitment to God

Year 3

Summer Term



## Background Information for Teachers

Religion has played an important role in the world. The type of religion has changed from place to place and over different times; however, we still draw many messages from it today. The children will be focussing on Sikhism. Here they will explore their beliefs and practices. The children will explain how Sikhs have a range of ways to show commitment to God and understand that some are more significant than others to some Sikhs. They will express their own opinion about which ways may express more commitment than others to Sikhs.

## What? (Knowledge)

## The Five Ks

Kanga	Symbolises a clean mind and body, since it keeps the uncut hair neat and tidy.
Kara	A symbol of permanent bonding to the faith and restraint and gentility.
Kirpan	A ceremonial sword symbolises spirituality, defence of the weak and good.
Kesh	Uncut hair symbolises adoption of a simple life, and denial of pride in one's appearance
Kachera	, Cotton underpants/short trousers and a symbol of chastity and modesty.

## The Amrit Ceremony

The Amrit Ceremony of initiation, or Amrit Sanskar is where Sikhs become baptised, take new names and wear the 5Ks. The Amrit Ceremony is the initiation rite introduced by Guru Gobind Singh when he found the Khalsa in 1699.

## Other ways that Sikhs show commitment

- Working hard
- Giving charity
- Praying every day at home and visiting Gurdwara
- Reading the Guru Granth Sahib— the holy book
- Being vegetarian
- Sharing the Langar with the community
- Worship at the Gurdwara

## Key Question

What is the best way for a Sikh to show commitment to God?

## What? Vocabulary

Spelling	Definition/Sentence
Amrit	Baptism ceremony in Sikhism
Khalsa	The collective body of baptised Sikhs
Baptised	Becoming a confirmed member of a religion
Symbols	Objects that represent other things of meaning/morals
Worship	Expression of reverence or adoration to a God
Langar	A communal free kitchen serving the community
Charity	Helping those less fortunate without payment

## Diagrams, Images and Symbols

