## Curriculum Intent:

To use creativity and imagination to design and make products that solve real and relevant problems within a variety of contexts, considering their own and others' needs, wants and values



Subject	Term	Unit		
DT	Autumn	Food (celebrating culture and		
		seasonality) – Making		
		bread/pizza		

Prior knowledge	National Curriculum Focus
Building on knowledge and skills	
<ul> <li>Have knowledge and understanding about food hygiene, nutrition, healthy eating and a varied diet.</li> <li>Be able to use appropriate equipment and utensils, and apply a range of techniques for measuring out, preparing and combining ingredients.</li> </ul>	<ul> <li>use research and develop design criteria to inform the design of innovative, functional, appealing products that are fit for purpose, aimed at particular individuals or groups</li> <li>generate, develop, model and communicate their ideas through discussion, annotated sketches, crosssectional and exploded diagrams, prototypes, pattern pieces and computeraided design</li> <li>select from and use a wider range of tools and equipment to perform practical tasks</li> <li>select from and use a wider range of materials and components, including construction materials, textiles and ingredients, according to their functional properties and aesthetic qualities</li> <li>investigate and analyse a range of existing products</li> <li>evaluate their ideas and products against their own design criteria and consider the views of others to improve their work</li> <li>understand and apply the principles of a healthy and varied diet</li> <li>prepare and cook a variety of predominantly savoury dishes using a range of cooking techniques</li> <li>understand seasonality, and know where</li> </ul>

and how a variety of ingredients are grown, reared, caught and processed.

What?	Designing, making, and evaluating bread/pizza				
Why?	To understand how to select ingredients, tools and equipment				
	to make a product suitable for a specific purpose.				
How?	To deepen understanding of food processing and making				
	choices involving food preparation.				
	Key voc	abulary			
Finishing	related to the appearance of the product – shape, decoration and colour.	Rubbing in	rubbing the dry ingredients together with the fat, lifting to put air into the mixture, so that it resembles fine breadcrumbs.		
Knead	pulling and squeezing dough to make it smooth.	Bran	the hard, protective shell of a grain of wheat.		
Dough	a mixture of flour, yeast and water before it iscooked.	Endosperm	the store of food inside a seed.		
Germ	part of the seed where the root and shoots growfrom.	Yeast	a tiny plant which makes bubbles of carbon dioxidewhen mixed with flour and warm water.		
Unleavened	flat bread where yeast				
bread	has not beenadded.				

	Key learning:		
Objective	Learning	Possible techniques that children could use	
To explore and evaluate a range of existing products	• Children use first hand and secondary sources to carry out relevant research into existing products toinclude personal/cultural preferences, ensuring a healthy diet, meeting dietary needs and the availability of locally sourced/seasonal/organic ingredients. This could include a visit to a local bakery, farm, farm shop or supermarket e.g. What ingredients are sourced locally/in the UK/from overseas? What are the key ingredients needed to make a particular product?	Mixing to combine ingredients if making savoury muffins or scones  Rubbing in to mix fat and flour if making a yeast-based product  Kneading a bread dough	

How have ingredients been processed? What is the nutritional value of a product?

- Children carry out sensory evaluations of a variety of existing food products and ingredients relating to the project. The ingredients could include those that could be added to a basic recipe such as herbs, spices, vegetables or cheese.
   These could be locally sourced, seasonal, Fair Trade or organic. Presentresults in e.g. tables/graphs/charts and by using evaluative writing.
- Use a range of questions to support children's ability to evaluate food ingredients and products e.g. What ingredients help to make the product spicy/crisp/crunchy etc? What is the impact of added ingredients/finishes/shapes on the finished product?
- Research key chefs and how they have promoted seasonality, local produce and healthy eating.

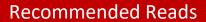
To explore a variety of utensils and food handling techniques

- Demonstrate how to measure out, cut, shape and combine e.g. knead, beat, rub and mix ingredients.
- Demonstrate how to use appropriate utensils and equipment that the children may use safely andhygienically.
- Techniques could be practised following a basic recipe to prepare and cook a savoury food product.
- Ask questions about which ingredients could be changed or added in a basic recipe such as types offlour, seeds, garlic, vegetables. Consider texture, taste, appearance and smell.
- When using a basic dough recipe, explore making different shapes to change the appearance of thefood product e.g. Which shape is most appealing and why?
- Know how to use utensils and equipment includingheat sources to prepare and cook food.
- Understand about seasonality in relation to food products and the source of different food products.

xample	mple of a recording table:						
	Type of	Appearance	Smell	Texture	Taste		
	cultural/seasonal						
	food product						
	Savoury scone	Golden/rough	Fresh/baked	Crumbly	Cheesy		

## Websites

- Free education resources for teaching young people aged 3-16 years about where food comes from, cooking and healthy eating, and teacher training. - Food A Fact Of Life
- Making Bread using the Six Essentials D&T Association (designtechnology.org.uk)
- https://www.bbc.co.uk/bitesize/articles/ztfttrd









## **Experience Day (Trip / visitor )**

- Trip to bakery
- Baker in school
- School kitchen experience
- Trip to Pizza Hut/Pizza Express