



Dear Parent / Carer,

From September 2020, we will introduce a new policy regarding PE and PE Kit. **Children in Y1-6, will come to school wearing their PE kit** on their Well-Being day (including swimming days). We are doing this because:

- It will raise the profile of PE in school to put more clearly in children's minds the importance of sport in leading active, healthy lives;
- It will maximise time spent on physical activity in PE by cutting out time spent on changing;
- It should eliminate the possibility of clothing being lost while children change;
- It will even out wear and tear on uniforms & PE kits, making normal school uniform last a little longer and getting maximum wear out of PE kit;
- PE kits can be washed more regularly rather than staying in bags until the end of term;
- There will be no need to buy/replace a PE bag

This policy requires that all children have the correct PE Kit for Hurst Hill, so that they look smart during the school day as well as being ready for their sport.

The PE Kit for Hurst Hill is as follows:

Top layer: School jumper or red hoodie.

Coloured T-shirt linked to their house. Red, yellow, blue or green.

Plain black tracksuit bottoms and/or black shorts or black skirts

A pair of black pumps or black trainers

Black, grey or white socks

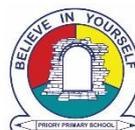
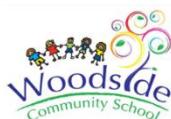
If children forget their kits, we will provide spare kit in school that must be worn.

When children have swimming, they should still wear their PE kit for the rest of the day in order to fulfil the first bullet point above in our rationale for the change.

It remains the case that, for hygiene and safety reasons, long hair should be tied back. No earrings are to be worn on Well-being day.

Well Being Whole School Timetable

Monday	Nursery and Reception (Reception will get changed at school, as this is an objective)
Wednesday	Years 3 & 4
Thursday	Years 5 & 6
Friday	Years 1 & 2



Reception pupils will need to bring their PE kit on the days above. The rest of the school will arrive at school in their PE kit on their allotted days above.

Swimming and Kit

Pupils from Year 3 and 4 attend swimming lessons at Dudley Leisure Centre (to be confirmed when this will start)

Swimming costume (no bikinis or tankinis)

Swimming trunks; short-like trunks are best

Bath-size towel

Suitable coat (light raincoat in summer)

We very much look forward to this new whole school approach from September

Kind regards,

Mrs A Walker
PE Leader