



**HURST HILL PRIMARY**



Monday 7<sup>th</sup> March

Dear Parents,

Each week, every class in school takes part in a RHE lesson (Relationship and Health Education). The three areas covered throughout the year are:

- Relationships
- Living in the Wider World
- Health and Wellbeing

We all want to keep our children safe, and therefore, part of the Year 2 RHE curriculum, we take advice from the NSPCC and cover the “Underwear Rule” campaign - also known as the PANTS campaign. The campaign supports and encourages parents and school to talk to children aged between four and eleven about staying safe from sexual abuse.

You’ve probably already talked to them about things like crossing the road safely. But have you spoken to them about how to stay safe from sexual abuse? We know it’s a conversation no parent wants to have, but we believe it can feel just as natural, and be just as easy, as the road safety chat. We call it talking PANTS. From P through to S, each letter gives an important message for children as young as four to help them stay safe.

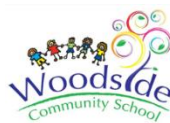
For your information, we have attached information from the NSPCC and the lesson plan that we intend to follow at school towards the end of the Spring Term. Children will be able to:

- understand and learn the PANTS rules
- name body parts and know which parts should be private
- know the difference between appropriate and inappropriate touch
- understand that they have the right to say “no” to unwanted touch
- start thinking about who they trust and who they can ask for help.

We would like to assure you that it is an area of the curriculum that we will cover with care and sensitivity. If you any questions or concerns, please do not hesitate to contact school.

Yours sincerely

Mrs Joanne Potts  
RHE Lead and SENCO



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