NEWSLETTER



Friday 3rd March
Welcome back! What an exciting start to the second half of the spring term. I would like to say a huge thank you to the parents who have volunteered their services and support for the forest school. One parent has offered to bring in his team to help clear and level the grounds, as well building a chicken coop:) We are all extremely excited to get started :)

World Book Day

I'm sure you will agree that World Book Day was a huge success... It was wonderful to see the look of wonder on pupil's faces as they hunted for clues to determine which character had disrupted our lovely library. Photos and videos can be found on our Facebook page. Staff were also overwhelmed by the commitment from parents who joined us to cosy up and read a story. Thank you so much for joining us and making World Book Day one to remember. Apologies to those parents who did not meet the deadline for registering—but pupil safety is paramount in such events and therefore we cannot add parents to the list at short notice. Please notify us if you are having problems with parent mail app, so we can support you and ensure you do not miss events in the future.

Healthy Eating

https://www.nhs.uk/healthier-families/recipes/healthier-lunchboxes/#recipes

I have had a few parents asking for clarification on what a healthy lunch box looks like. Please see the attached images for your reference. Thank you also to all the parents who are helping us to educate our pupils on what a healthy diet consists of.

Reading Buddies

We are looking for volunteers to join us on a regular basis and listen to children read. If you are interested, please contact the school office for details—all in school volunteers would need a DBS check, we can support with this.

> Wishing you all a wonderful weekend. Mrs Johnson Head of School



<u>Attendance</u>

Attendance at school is mandatory. Whole school attendance should be at least 96%. The 100% winner this week is Jenson in year 5. The winning class is Miss Floyd's class

The Department of Education has made it clear that schools must be stricter when dealing with families whose children are persistently absent or late for school. A child's absence from school can only be authorised in exceptional circumstances, for example, if they are too poorly to attend or if they have a medical appointment that cannot be made outside school hours. If your child is persistently absent or regularly late for school, whatever the circumstances, a referral may be made to Dudley Education Investigation Service, and this could result in a fine.

If you are having difficulty getting your child to school, or to school on time, please contact the school office so we can offer some support. Please note that school will not authorise holidays during the school term and that our policy is to refer such absences of 5 school days or more to Dudley Education Investigation Service who may issue a fine. If your child is too ill to come to school then you should contact the school office before 9.30am, either by telephoning 01384 818845 (option 1) or using the absence reporting feature on ParentMail. Do not use our social media pages to report absences. Please remember that school can administer medication in certain circumstances

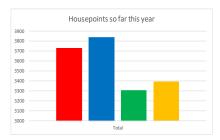
We all have a responsibility for the welfare of our children. If something concerns you about the welfare of a child within school then please contact the class teacher in the first instance who will refer to the School's Designated Safeguarding Leads within school.

If you have concerns which are not school based you can: Call the children's services referral and advice service on 0300 555 0050 during office hours (9am - 5pm). Out of office hours contact the Emergency Duty Team on 0300 555 8574 or in an emergency call 999. Alternatively you can call ChildLine on 0800 1111 or email them by visiting www.childline.org.uk

HONESTY-POSITIVE ATTITUDE-RESPECT-RESILIENCE-CARIN

HONESTY

We use house-points at Hurst Hill to reward pupils for following our school rules and values.



This week our house point totals are: Ruby- 167 Diamond- 126 Emerald - 179 Sapphire-141

Well done to this week's winners- Emeralds

DIARY DATES

Monday 6th March- Reception eye tests

Thursday 9th March– Year 1 INSPIRE session (please note change of date)

Tuesday 14th March- Reception INSPIRE session

Monday 20th March- Book fair in school

Tuesday 21st March & Wednesday 22nd March–Parents' evening—booking opens 6th March

CARING for your well being in the digital world.

UK Safer Internet Centre has published new research on online safety for children and young people. Findings from a survey of parents, carers and young people include: 62% of young people want to act and support others in being safe online; 43% say they want to be able to report something and someone online more easily; 35% say that having more support from the online industry about online safety education would make life online more enjoyable and safer for all; and 36% of parents and carers are not certain where to turn should they need support or access to resources on online safety.

Despite teaching children about the importance of online safety and bullying through lessons and assemblies, Hurst Hill senior staff often have to deal with issues relating to pupils' use of social media platforms. The impact of what we teach in school can only be effective with support from home. We therefore urge all parents and carers to check and regularly monitor your children's phones and devices, especially messages and content shared between friends. School cannot do this alone, especially as incidents are occurring during school holidays, evenings and weekends.

If you need support with parental controls or age restrictions, please speak to Mr Johnson, our online safety leader.

For additional support, we recommend Internet Matters, a super online resource for parents and children.

https://www.internetmatters.org/

RESILIENCE

Our skill builders award winners this week are

Delilah, Kaleb, Chelsea, Harjeevan, William Layton, Macey and Alfie G

Our Century winners are: Harriet, William, Caitlyn, Sasha and Macey Skills Builder

Word of the week

Adroit

Definition: clever, skilful, dexterous

Year six pupils at Hurst Hill are adroit at solving maths problems.

RESPECT

Star Pupils of the week show our school values of honesty, positive attitude, resilience, respect and caring.

Nursery- Luca for positive attitude to writing

Reception– Carter T for positive attitude to learning

Year 1-Mason Junior for positive attitude in lessons

Year 2- Billy for positive attitude to learning

Year 3-Scarlett for positive attitude in all subjects

Year 4—Tillie for positive attitude in her learning

Year 5- Joel for positive attitude in class

Year 6MJ— Julia for positive attitude and fantastic effort in all subjects

Year 6JG– James for positive attitude in the Maths competition

POSITIVE ATTITUDE

We have been trying really hard with our reading on MyOn.

Below is the word count for each class for the week

Year 2- 11,763 Year 3- 53,952 Year 4- 59,680 Year 6MJ- 27,460

This week's winning class is Y4 for the best world book day costume. They win a new book for their classroom!

HONESTY-POSITIVE ATTITUDE-RESPECT-RESILIENCE-CARING

Healthy Eating

https://www.nhs.uk/healthier-families/recipes/healthier-lunchboxes/#recipes

Please see the above link regarding hints and tips for healthy lunchboxes. At Hurst Hill we advise the following:

- A healthy sandwich or tub of pasta
- At least one portion of fruit / vegetables
- **Yogurt**
- Water or 100% fruit juice
- One cereal type bar or club style biscuit OR a cupcake /sponge finger cake.

We do not recommend crisps unless they are baked—not fried.

I fully appreciate it can take some time for children to adjust to the healthy school lunchbox incentive, but I am overwhelmed by the positive response so far. I hope the above helps to clarify some of the questions

Healthy recipe of the week.

Cheesy coleslaw with wholemeal pitta recipe

Crunchy, cheesy coleslaw in a pitta makes a change from traditional sandwiches. Try serving with 5 cherry tomatoes and a small box of raisins.

Prep: 10 mins Serves 1



Nutritional information

Method

 1 teaspoon reduced-calorie mayonnaise

Ingredients

- 1 tablespoon low-fat Greek style yoghurt
- · 1 thin slice of white cabbage, shredded (to give a handful)
- · 1 small carrot, grated
- · 2 spring onions or a slice of onion, chopped
- · 20g reduced-fat cheddar cheese, finely chopped or grated
- · Parsley, chopped (optional)
- · 1 large wholemeal pitta bread

1. In a bowl, mix the mayonnaise and yoghurt.

2. Add the vegetables, cheese and parsley (if using). Mix well.

The coleslaw keeps well in the fridge so make it the evening before to help with the morning rush!

3. Carefully split open the pitta bread and fill with the coleslaw.

Simply double the quantities if you have 2 lunchboxes to prepare.

