

HURST HILL PRIMARY



15th May 2023

Dear Parents/Carers

As part of their personal, social, health and economic (PSHE) education lessons your child will take part in a series of sex and relationship education (SRE) lessons. These focus mainly on explaining and preparing pupils for the physical and emotional changes associated with puberty. They also consider the changing nature of a range of relationships, including friendship, family relationships and intimate relationships.

The purpose of SRE at Hurst Hill is to prepare pupils for the physical and emotional changes of growing up; to give them the knowledge and skills to make informed and healthy choices; to build their confidence and skills to deal with situations they may encounter; to help them to stay safe and know where and how to ask for help if needed. At times, carefully chosen external visitors and speakers may contribute to the programme. In these cases, lesson content will be agreed in advance and visitors will always be supervised by a member of school staff.

As part of this year's SRE, pupils will have a lesson which teaches about female genital mutilation (FGM). This will be taught in an age-appropriate way in the context of knowing about bodily changes, the physical and psychological effects and the law surrounding it. The lesson allows for pupils to confidently share and ask questions in a comfortable and safe space and in a mature and appropriate way.

We believe that this will be an important addition to our school's SRE programme. If you have concerns or would like to discuss the matter further, please attend the parent consultation on Wednesday 24th May at 9.15am or make an appointment to meet with Mrs Johnson.

Kind regards

Mrs Johnson Head of School













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